

DYNAMIC ALL STARS

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All Star Cheer Season Schedule:

| June 2021 | July 2021 | August 2021 |
|--|---|---|
| <ul style="list-style-type: none"> - 28th Athlete Evaluations for Prep & Elite teams! - 30th First team practice! | <ul style="list-style-type: none"> - 2nd Season Kick-off Party!! - 5th - NO practice - Summer rec session begins | <ul style="list-style-type: none"> - Stunt camp for elite & prep (Dates TBD) |
| September 2021 | October 2021 | November 2021 |
| <ul style="list-style-type: none"> - Team practices begin for Novice - 10th-12th Choreography camp for Elite & Prep teams - Fall rec session begins | <ul style="list-style-type: none"> - Extended hour practices as needed - NO practice 31st Halloween | <ul style="list-style-type: none"> - All Teams Showcase (Date TBD) - NO practice 24th - 26th Thanksgiving break |
| December 2021 | January 2022 | February 2022 |
| <ul style="list-style-type: none"> - 23rd - 26th Christmas break - Cheer teams will continue to practice before and after the above dates | <ul style="list-style-type: none"> - 31st - 2nd New Year's break - Local comp (all teams) - 2 PNW competitions (elite & prep) - Winter rec session begins | <ul style="list-style-type: none"> - Travel competition (elite) - Local performance (novice) |
| March 2022 | April 2022 | May 2022 |
| <ul style="list-style-type: none"> - PNW competition (elite & prep) - Travel competition (elite) | <ul style="list-style-type: none"> - Spring Showcase for all teams - End of season events (US Finals w/ bid only) (prep/elite) - Spring rec session begins | <ul style="list-style-type: none"> - End of season events (D2 Summit w/ PAID bid only) (elite) |

**This is a snapshot of our season. Time commitments and competition schedules are subject to change. You will be notified via email of any schedule changes.*

Athlete Evaluations/Team Placements:

- **Monday, June 28th**
 - 5:00-6:00pm Ages 7-11 (age as of 12/31/21)
 - 6:00-7:30pm Ages 12+ (age as of 12/31/21)
- Register for team placements online under CAMPS. Registration fee (\$40) and first month's tuition (\$120) is due at time of sign up. If your athlete is placed on the Novice team or in a rec class, your account will be credited the difference in tuition.
- Bring this packet with completed signatures to athlete evaluations.
- Every athlete will be placed on a team or in a class! Our goal as coaches is to build teams with athletes of similar skill

sets and within the age guidelines for each division. This will help us reach maximum success for each athlete and team.

- Team placements will be emailed out on Tuesday, June 29th. You have 24 hours to accept or deny your position.
- **Friday, July 2nd 10:00am-1:00pm - Season Kick-off Party!!** Trampoline bungee jump, water games, dunk tank, snow cones & more!!

Team Tiers, Classes and Fees:

**These are the teams we are planning for the 21-22 season. Depending on the number of athletes and skill level, additional teams may be formed.*

| Team Tier | Time Commitment | Cost & Fees <i>Practice wear, shoes, and hotel/travel are additional costs. Fees below are subject to change.</i> |
|---|--|--|
| REC CHEER *No skills required (Ages 5+) | <ul style="list-style-type: none"> • 1 class/week tumbling included • Sessions: Summer, Fall, Winter & Spring • Each session is 8-12 weeks long • 1 performance | <ul style="list-style-type: none"> • Summer Session (8wks)- \$75/month • Fall/Winter/Spring (10-12wks)- \$175/session • Includes t-shirt & bow! |
| *Starts in September JUNIOR NOVICE *No skills required (Birth year 2005-2015) | <ul style="list-style-type: none"> • 1 practice/week tumbling included • September-February commitment • 3 Local/PNW performances | <ul style="list-style-type: none"> • Registration Fee- \$40 • Monthly Tuition- \$85 • Comp Fees- \$250 **Includes music, choreography, competition fees, coaches fees. • Uniform Package- \$100 due Sept 5th • USASF Annual Membership Fee- \$30 (Paid to USASF) |
| JUNIOR PREP *Some level 1 skills required (Birth year 2005-2015) | <ul style="list-style-type: none"> • 2 team practices/week + tumbling • July - April commitment • 4 PNW competitions • Stunt Camp in July • Choreography Camp in September | <ul style="list-style-type: none"> • Registration Fee- \$40 • Monthly Tuition- \$120 • Comp Fees- \$955 **Includes camps, music, choreography, competition fees, coaches fees. Breakdown & payment plan on pg.4 • Uniform Package- \$300 due July 5th • USASF annual membership Fee- \$30 (Paid to USASF) |
| SENIOR ELITE *Skills required (Birth year 2002-2009) | <ul style="list-style-type: none"> • 2 team practices/week + tumbling • July - April (May w/ Summit) • 4 PNW competitions • 2 travel competitions • Stunt Camp in July • Choreography Camp in September | <ul style="list-style-type: none"> • Registration Fee- \$40 • Monthly Tuition- \$120 • Comp Fees- \$1,465 **Includes camps, music, choreography, competition fees, coaches fees. Breakdown & payment plan on pg.4 • Uniform Package- \$345 due July 5th • USASF Annual Membership Fee- \$30 (Paid to USASF) |

**All fees and time commitments are subject to change. Fees may be less. If any circumstances are to arise that prevent practice or performance, there are no refunds or prorations on tuition or fees. Camps, music, choreography, competition fees and coaches fees are non-refundable.*

- **Same uniform will be used from 20-21 season. Returning athletes do NOT need to purchase a new uniform! Returning SENIOR athletes will need to purchase a uniform cover only (\$45). This will be due July 5th.**
- Monthly statements will be sent on the 25th of each month. Tuition to be paid any time before the 5th of the month.
- Competition fees may be broken out into monthly installments from July-April (10 payments).
- All tuition, camps (stunt technique, upgrades, choreography), etc. must be paid regardless of athletes' attendance.

| SUMMER TEAM SCHEDULE (June 28 - September 1) | | | |
|---|---|---|---|
| TEAM | MONDAYS | | WEDNESDAYS |
| Junior Prep | 3:30-4:30 Tumbling (30-minute meal break) 5:00-6:30 Team Practice | | 5:00-6:30 Team Practice |
| Senior Elite | 4:30-5:30 Tumbling (30-minute meal break) 6:00-8:30 Team Practice | | 6:00-8:30 Team Practice |
| FALL TEAM SCHEDULE (September 5 - April) | | | |
| TEAM | SUNDAYS | TUESDAY | WEDNESDAY |
| Junior Prep | 3:00-4:30 Team Practice | 6:00-7:00 Tumbling 7:00-8:30 Team Practice | |
| Senior Elite | 4:00-6:30 Team Practice | | 5:30-6:30 Tumbling 6:30-9:00 Team Practice |

Competition Schedule for 2021-2022 (Tentative):

| Dates | Competition/Location | Teams Attending |
|--|---|---------------------------------------|
| January 8, 2022 | Eastside Cheer Classic NCHS Spokane, WA | ALL Teams |
| January 14-16, 2022 | Aloha Championships Portland, OR | Junior Prep & Senior Elite |
| January 29-30, 2022 | All Things Cheer Bellevue, WA | Junior Prep & Senior Elite |
| <i>*Back-up event</i> January 29-30, 2022 | <i>Athletic Championship</i> Phoenix, AZ | <i>Junior Prep & Senior Elite</i> |
| February 18-19, 2022 | JAMZ Nationals Las Vegas, NV | Senior Elite |
| March 5-6, 2022 | PacWest Nationals Portland, OR | Junior Prep & Senior Elite |
| <i>*Back-up event</i> March 5-6, 2022 | <i>Aloha Grand Championships</i> Phoenix, AZ | <i>Junior Prep & Senior Elite</i> |
| March 18-20, 2022 | USA All Star Nationals Anaheim, CA | Senior Elite |
| <i>*Back-up event</i> March 25-26, 2022 | <i>The American Celebration</i> Sandy, UT | <i>Senior Elite</i> |

**Competition schedule is subject to change. If any event is cancelled due to COVID, we will replace it with another competition. For any competition schedule changes, you will be notified via email.*

IF a team is awarded a Gold Bid to US FINALS, or an At Large/Paid bid to The D2 Summit, we WILL accept and attend, and monthly tuition and practices will be extended through the competition(s). This policy is subject to change. IF TEAMS RECEIVE A BID TO THE D2 SUMMIT, THERE WILL BE A COACHES FEE OF \$125 DUE PER ATHLETE. THIS WILL BE REFLECTED ON YOUR NEXT STATEMENT FOLLOWING THE BID REVEAL. You can find pricing information for the Summit at www.varsity.com.

COMP FEE BREAKDOWN & MONTHLY INSTALLMENTS:

| | SENIOR ELITE | JUNIOR PREP |
|---------------------------------------|----------------|--------------|
| Competition & Location | Comp Fee | Comp Fee |
| Eastside Cheer Classic Spokane, WA | - | - |
| Aloha Championships Portland, OR | \$125 | \$90 |
| All Things Cheer Bellevue, WA | \$145 | \$100 |
| JAMZ Nationals Las Vegas, NV | \$140 | - |
| PacWest Nationals Portland, OR | \$155 | \$100 |
| USA All Star Nationals Anaheim, CA | \$160 | - |
| Total | \$725 | \$290 |
| Coaches Fees | \$330 | \$255 |
| Camp, Music, & Choreography | \$410 | \$410 |
| TOTAL COMP FEES | \$1,465 | \$955 |
| 10 Monthly Installments | \$146.50 | \$95.50 |
| +Monthly Tuition | \$120 | \$120 |
| TOTAL Mo. PAYMENT | \$267 | \$216 |

STATEMENT OF EXPECTATIONS & CODE OF CONDUCT**Behavior:**

- Dynamic athletes are expected to be polite, and show respect for coaches, teammates, other DA athletes, parents, judges, officials, other programs' staff and athletes, as well as spectators. This behavior is expected at all Dynamic practices, events, and competitions. **Disrespectful behavior will result in suspension or dismissal.**
- Athletes are to abstain from using drugs, tobacco, alcohol and offensive language. This behavior will result in dismissal.
- Parents are to encourage respect and good sportsmanship by demonstrating positive behavior and support for all athletes, other parents, coaches, fans, and judges during all practices, events and competitions. **Disrespectful or negative behavior by a PARENT will result in dismissal of the athlete from the program.**
- Encourage your child to play by the rules and be respectful.
- Encourage your child to be compassionate and caring towards others. Bullying of any kind is not tolerated.
- Encourage your child to honor their commitments.
- **Please do not discipline your child by keeping them home from practice or competitions. Doing so punishes the entire team.**
- **If you choose to QUIT**, termination must be emailed to coachamanda@live.com. Upon termination, the next month's tuition will automatically be charged to your credit card on file, regardless of the date within the current month. If you quit after choreography, an additional "re-blocking fee" of \$200 will be charged to your account.

Practice:

- All team and routine decisions are left to the discretion of the coaches.
- Practices may be changed, added, or removed at any time during the season with proper notice.
- **IF we need to extend a practice time or add an additional practice for any reason, each athlete account will automatically be billed \$5/hour. This will be referred to as "extended practice hours".**
- The Dynamic schedule is the athletes' **FIRST** priority. Absences for other activities will be unexcused. (Exceptions will be handled on an individual basis)
- Respect the privilege of the use of our facility.
- Dynamic practice wear or practice wear in Gym Colors will be worn to all team practices. No loose fitting clothing.
- Concussion-Preventative head gear in the form of a helmet or headband (preferably black) is required for Elite team members. This must be purchased and brought to every practice. Athletes will wear head gear while learning new skills and during stunt repetitions.
- Hair should be out of the athletes' face and secured at the beginning of practice.
- Be on time. It is crucial to the success of the team!
- Parents, relatives, friends, etc., are not allowed to approach a coach with disrespectful comments at a competition or practice. This will result in dismissal from the program. Please email to schedule a private meeting instead.
- Athletes will be allowed to sit ONE practice without a Dr.'s note. Sitting out of additional practices will require a Dr.'s note.

Competition:

- It is likely to lose or add team members throughout the season. The dismissal or addition of a team member is solely the coach/program director's decision.
- If detrimental to a team's score, an injured athlete may NOT be on the floor for competition. Replacements and fill-ins for injured athletes is at the discretion of the director/coach. Competition gifts and awards are not guaranteed to injured athletes who are not on the competition roster. Summit bids are awarded to the number of athletes on the floor for that specific performance. The final Summit roster(s) for the season, if any, are in the hands of the director.
- There are no refunds on competition fees due to being injured, missing a competition, or cancellation of a competition, regardless of circumstance.
- Dynamic is not responsible for cost of hotel or travel in the event of a cancellation.
- A team's division or routine may be changed prior to any event. This is the director's decision.
- **You are required to attend ALL competitions. Missing a competition will result in dismissal. Please do not ask to miss.**
- Travel events are for athletes, staff & family only. NO boyfriends/girlfriends are to accompany athletes to overnight events.
- It is likely we will reserve a hotel block for travel competitions. It is REQUIRED that athletes stay at the designated hotel (Exceptions will be handled on an individual basis). Local and travel competitions are for cheer first, and vacation second.
- **All athletes attending travel competitions MUST have an assigned chaperone or guardian. No athlete may travel alone regardless of age.**
- It is strongly encouraged for all DA teams to watch each other perform. Sometimes this means showing up to the venue early or staying later to support the teams.
- On competition days, please refrain from contacting a coach unless you are a team parent or have an emergency. If you are lost, running late, or need assistance with your child's uniform, please contact your team parent.

Team Parents:

- Foster communication between parents and coaches when necessary throughout the season.
- Learn and know all team athletes' names.
- Help plan and lead fundraisers.
- Organize at least 3 team bonding activities. Limit \$15 per athlete if there is a cost.
- Assist in athlete control during competitions; help make sure team is aware of time, meeting places, etc.
- Assist in setting up showcases or end of the year events if necessary.
- Gifts from Team Parents are **NOT necessary**, and Team Parents will not be reimbursed if they give team gifts.

Communication:

- All communications will be sent via email and the BAND App. All cheer specific info will come from Coach Amanda.
 - Cheer specific questions (team, athlete, practice, comps, etc.) - email Coach Amanda at coachamanda@live.com
 - Tuition and fee related questions - call or email the front desk at frontdesk@dynamicathleticcenter.com
- We strongly encourage you TURN ON notifications for the BAND group, that way you are notified when updates are posted. This app works similarly to Facebook, but is private and for our competition teams only. You will receive an email with access to the app once your athlete is placed on a team. The app will be used as our main form of communication during competitions.
- General email communications from Dynamic will also be sent to you regarding any gym closures, change in procedures, etc. Please pay attention to all emails from Dynamic and Coach Amanda.

Attendance Policy:

Absences will be reviewed on an individual basis. Anything beyond 5 excused absences, or 3 unexcused absences may be grounds for dismissal from the program. Known absences must be reported to your coach as soon as possible. If you are running late to practice, you must inform your coach. Please plan ahead for missed school and any makeup work.

Excused absences include, but are not limited to:

- Death in the family
- School related function that reflects a grade
- A contagious illness with a doctor’s note

Unexcused absences include, but are not limited to:

- Jobs
- Headache/allergies/cramps
- Social events (dances, parties, family reunions, weddings, etc.)
- School projects, homework, or tests
- Any makeup work due to cheer competitions
- Traffic/car problems

I have had sufficient opportunity to read this entire document. I have read and understand it completely.

Cheerleader Signature _____ Date _____

Parent Signature _____ Date _____

PLEASE COMPLETE THE BELOW SECTION:

Athlete Name: _____ Today’s Date: _____

Athlete Birthday: _____ Athlete Age on 12/31/2021: _____

Are you willing to crossover teams for the season, if asked by a coach? (Additional fees apply) _____

Interest in being a Team Parent? (see pg.5) _____

Athlete T Shirt Size: _____ Athlete Chest (inches): _____ Waist: _____ Hip: _____ Inseam: _____